

# RD Executive Council for Quality Long Term Care

## *Dinnerware & Glassware Recommendations*

### **ALL DINNERWARE PIECES**

- Constructed of durable vitrified china
- Foot to be glazed or finely polished
- Color: white or cream with or without colored band
- 1 year commercial warranty (min)

### **DINNER PLATE**

- 9" Diameter
- Less than 1" height
- Fit in the pellet
- Must have ½" - 1¼" rim
- Weigh 18 - 23 oz.

### **BREAD & BUTTER PLATE**

- 6½" Diameter for bread slice
- 5½" Diameter for dessert or other

### **CUP**

- 5 to 6 fl. oz. serving capacity
- Handle must have at least a 1" opening where handle meets cup
- Appearance must be okay with or without saucer
- Weight of cup can not exceed 9 oz.
- Shape: No to minimal flare

### **FRUIT**

- ½ cup brim full capacity
- Stackable
- With rim

### **GRAPEFRUIT**

- 8 fl. oz. serving capacity
- Stackable
- Rim preferred

### **GLASSWARE**

- With lids available to fit
- Required lip on glass

| <b><u>Serving Size</u></b> | <b><u>Maximum Height</u></b> |
|----------------------------|------------------------------|
| 4 oz.                      | 4½"                          |
| 6 oz.                      | 4½"                          |
| 8 oz.                      | 4½"                          |



## OVERVIEW:

The Council is comprised of an executive dietitian or designee at each of several large multi-facility providers caring for a quarter of a million residents, or approximately 20% of the non-hospital based nursing home beds. These companies represent over 2,500 facilities across the country. The Council originally convened at the 2000 American Dietetic Association Food & Nutrition Conference & Expo, and continues to meet throughout the year. In 2002, the Council added a scientific advisor to the membership.

## MISSION:

The mission of the Council is to improve the quality of food and nutrition services provided through

- Sharing of best practices for clinical protocols, quality of life programs, food service systems and products
- Providing input on proposed regulations and programs to government and regulatory agencies
- Partnering and involvement with the American Dietetic Association and relevant practice groups
- Conducting research on current food and nutrition issues in long-term care which benefits and supports improvement in current practices

## MEMBERSHIP:

Consulate Management  
Evergreen Healthcare Management  
Extendicare Health Services  
Florida International University  
Fundamental Long Term Care  
Genesis HealthCare

Golden Living  
Good Samaritan Society  
HCR Manor Care  
Kindred Healthcare  
LaVie Care Centers  
Life Care Centers of America

National HealthCare  
Nexion Health  
Sava Senior Care  
SunBridge Healthcare

## AUTHOR CONTACT INFORMATION:

### **Karen Omietanski, MBA, RD, LD**

Kindred Healthcare - Health Services Division  
*Senior Director of Nutrition Services*  
Phone: 502-596-6989  
email: Karen.Omietanski@  
kindredhealthcare.com

### **Virginia Skelley, MS, LD**

Genesis HealthCare  
*Director of Hospitality Supply Management  
and Program Development*  
Phone: 610-444-6350  
email: Virginia.Skelley@GenesisHCC.com

### **Shellee Roloff, CFSP**

Direct Supply Equipment & Furnishings  
*Product Consultant Manager*  
Phone: 414-358-7410  
email: sroloff@directs.com

